

FIL D'ARENA DANSA-TEATRE

Presents

# COS A COS (E111)





*Cos a COS (E-111) is the work that closes the scenic trilogy LA SAL, which speaks about migration topics. It started in 2015 with 'La sal que ens ha partit', focusing on the physical walls and borders and it was followed by SALT in 2017, concerned with the double vulnerable situation of migrant women.*

*In this new collective creation, Fil d'Arena looks critically at the paper "walls". The bureaucracy as a tool of institutional violence to keep migrants in a situation of insecurity and vulnerability, the "iron cage" of the bureaucracy that the sociologist Max Weber pointed out as the evil of our modern society.*

*As Oscar Brox says in the magazine Détour; in COS A COS (E-111), Fil d'Arena speaks about rigid bodies, almost ankylosed, like insects in the middle of a devastated place. It speaks about identity, not seen as a body or feelings, but as a document or a card, or even the lack of them.*

*A reflection on the concept of belonging to a place; to be from here, to be here, to arrive here... A questionable idea within an overpopulated world in continuous movement. COS A COS shows the waiting time as a central element in this unequal fight against the bureaucracy and highlights the need of being together, the desire of being united and moving in response.*

*A multidisciplinary performance that combines dance, theater and circus. An extreme physicality that mixes the concreteness of the words with the strength and the ability to imagine led by the dance. A very visual dance mixed with group liftings that make necessary the union of the five performers in the same action.*

*COS A COS (E-111) is a scenic production with two versions: street and indoors, with the aim of bringing the performance to all types of public spaces. The indoors version has a duration of 1 hour and is more detailed regarding conceptual representations and technical requirements. The street approach lasts 30 minutes and while it brings a breath of fresh air, it does not stop provoking thought.*



Performers

# Isabel Abril / Irene Ballester / Sergio Moya Roseta Plasencia / Hèctor Rodríguez

Creation and Direction **Fil d'Arena** (Isabel Abril / Irene Ballester / Clara Crespo / Roseta Plasencia)

External look **Clara Crespo**

Accompaniment of the creative process **Erick Jiménez**

Lighting **Ximo Rojo**

Lighting technician **Pablo Giner**

Costumes **Estíbaliz Gonzalo**

Music composer **Carles Salvador**

Singer **Elma Sambeat**

Video and Photography **Gema Iglesias**

Communication **Vanessa M. Montesinos**

Scenography **Santi Montón**

Poster design **Assad Kassab**

Photographs **José Marín / Amparo Moreno / Marc Tomàs**

Production **Fil d'Arena**

## Technical Requirements (INDOOR VERSIÓN)

### Lighting

- 14 Pcs 1Kw
- 16 Profile 22/40° 1Kw
- 6 Portagobos
- 7 Profile 15/30° 1Kw
- 9 Par 64 CP62
- 4 Parled 18x3wt RGBW
- 36 Dimmer channel 2Kw
- 1 Light board
- 6 Side booms

### Sound

- Amplification equipment P.A.
- 2 Stage monitors
- Sound table, minijack cable / jack stéreo

### Stage specifications

- Unframed space, black background to decide for the company based on space
- Gray linoleum contributed by the company

### Assembly staff and schedules

- 2 people upload and download
- 2 lighting technician
- 1 machinery technician

### Horarios de montaje (Tiempo aproximado)

- Build up time: 6 h
- Build down time: 90 min

### Technician contact

Ximo Rojo | Tel.: 607 944 171 | [omixrojo@gmail.com](mailto:omixrojo@gmail.com) | [www.rojoesunbonitocolor.com](http://www.rojoesunbonitocolor.com)

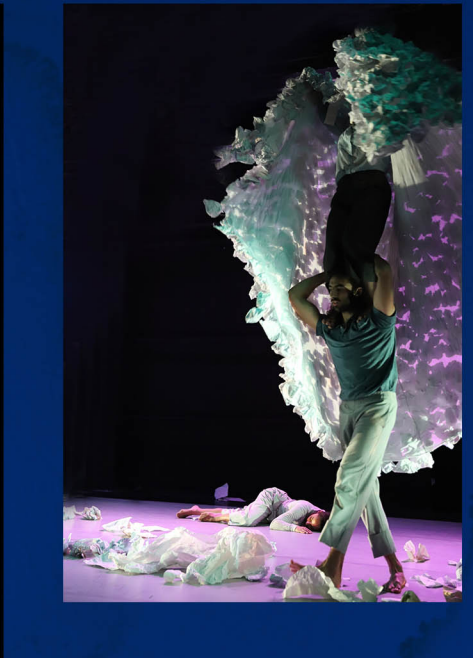






















# COS A COS (E111)

Show room



Street show



Teaser



Contact

[fildarena.net](http://fildarena.net) | Tel.: 676 304 418 | [fildarena@gmail.com](mailto:fildarena@gmail.com)

Distribution

[lestibacultural.com](http://lestibacultural.com) | Tel.: 644 517 021 | [lestibacultural@gmail.com](mailto:lestibacultural@gmail.com)

A production of

**FildArena**  
MÚSICA · TEATRE

In collaboration with

**AJUNTAMENT DE VALÈNCIA**  
REGIDORIA D'ACCIÓ CULTURAL

**GENERALITAT VALENCIANA**  
Conselleria d'Iniciatives  
Culturals i Esport

**INSTITUT VALENCIÀ DE CULTURA**

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**CONSORCI DE MÚSICA DE LA COMUNITAT VALENCIANA**

**ferc**

**GABARRS DE CREACIÓ**  
Espai per a la creació artística

**CIRCUITO BUCLES danza**

**Off**  
artes escèniques

**Schuller**

**Les Libres**  
cultural